

## Body Treatments

	<b>Emsculpt</b>	<b>Vanquish</b>	<b>SculpSure</b>	<b>Exilis Ultra</b>	<b>Cellutone</b>
<b>Technology</b>	High-intensity Focused Electro-Magnetic (HIFEM)	Selective Radiofrequency	1060 Laser	Radiofrequency and Ultrasound	Acoustic waves using targeted vibrations
<b>How Does it Work</b>	Builds muscles and sculpts body: Muscle tissue exposed to strong contractions forcing it to adapt to the extreme condition. Responds with deeper remodeling of its inner structure resulting in muscle building and body sculpting.	Eliminates fat cells: Disrupts fatty cells through selective heating of adipose tissue. The process leads to fatty cell shrinkage, premature fat cell death and elimination.	Eliminates fat cells; targeted laser energy heats the fat cells by raising their temperature under the skin and reduces them safely without affecting the skin's surface. The damaged fat cells are processed and eliminated by the body's lymphatic system.	Simultaneously combines radio frequency & ultrasound to tighten skin, eliminate fat. Together reach therapeutic temperature more quickly making it more effective. Controlled heating & cooling delivers energy to various depths of the skin for large body areas.	Delivers high frequency pulsed shockwaves into targeted area to reduce appearance of cellulite and stretch marks. Targeted vibrations cause stronger stimulation and can reach deeper structures which gives visible results after one treatment.
<b>Used For</b>	Improvement of abdominal tone, strengthening of abdominal muscles, development of firmer abdomen; strengthening, toning and firming buttocks	Fat removal, volume reduction, body contouring	Reduction of fat	Tightening skin; treatment of wrinkles and rhytids. Secondary: temporary reduction of cellulite.	Reduction in the appearance of cellulite and stretch marks
<b>Areas Treated</b>	Abs, buttocks, arms	Abdomen, flanks, thighs, back, arms	Abdomen, flanks, thighs, back, under chin	Face, eyes, lips, neck, any area of the body.	Abdomen, buttocks, thighs, flanks, arms (most body areas)
<b>Time per Treatment</b>	30 minutes	45 minutes (thighs-60 min)	25 minutes	15-30 minutes	3-12 minutes
<b># of Treatments</b>	4 treatments	4 treatments	Varies; most require 1-2 treatments	2-4 treatments	4-6 treatments
<b>Treatment Frequency</b>	every 2-5 days	Once a week	4-6 weeks apart	Every 7-10 days	1-2 per week
<b>Time to see results</b>	Tangible results after second treatment; positive results 2-4 weeks after last treatment with increasing improvement for up to 6 months after last treatment	May see after first treatment; full results 2-4 weeks after final treatment	May see as early as 6 weeks following treatment; optimal results at 12 weeks.	May see visible improvements after a single treatment. Results will typically improve over a 3-month period.	May see results after the first treatment but most see noticeable improvement by 4th treatment and as they continue with each session
<b>Invasive or Non-invasive</b>	Non-invasive	Non-invasive, contactless	Non-invasive	Non-invasive	Non-invasive
<b>Possible Side effects</b>	Muscular pain, temp muscle spasm, local erythema or skin redness	Redness and some local swelling, quickly resolves	Redness and some local swelling, quickly resolves	Redness and some swelling, quickly resolves; avoid sun 24-48 hours	Redness and mild swelling that resolves within 2-24 hours
<b>Downtime</b>	No downtime	No downtime	No downtime	No downtime	No downtime
<b>How long will it last</b>	6-12 months	Permanent; treated fat cells are eliminated during treatment and do not regenerate	Permanent; treated fat cells are eliminated during treatment and do not regenerate	Long term but can't stop aging process; fat cell elimination permanent	2-4 months
<b>Misc Info</b>		ALL jewelry must be removed prior to treatment		Treatment area must be free of hair and jewelry removed	